"The South 40"

by JAMES A. SMITH
EXTENSION AGENT

A new pumpkin variety developed by USDA produces seed without the usual hard seed coat. The Lady Godiva Pumpkin will be grown to produce seed for the toasted pumpkin seed market. Each fruit will yield about a cup of seed. Developers say there is a 30 million pound market available to growers.

* * *

Illinois reports that pig fed rations containing either regular corn or waxy corn had equal gains. The feed per unit of gain about 5 per cent less for the waxy corn than for those with regular corn.

So waxy corn continues to look good in feed tests.

* * *

Work at Illinois also confirms that floor-space allowances are important when maximum feed intake and daily gain are wanted.

Growing-finishing pigs given the recommended space allowances gained at fast, ate as much feed, and were as efficient as pigs allowed an additional two square feet per pig. Pigs given less space ate less feed, gained more slowly, and used more feed per pound of gain.

This and other work indicated that overcrowding affects gain more than feed efficiency. Producers who crowd more than the recommended number of pigs into a building because of high building costs will probably find that it takes longer to get them to market weight.

If you haven't purchased your vegetable seed, better get it done. There'll be more people growing gardens in 1974 and the seed supply may be down.

* * *

About 75% of corn harvest accidents reported in a recent survey happened during the periods of 10 to 11 a.m. and 3 to 5 p.m. To head off fatigue, monotony, and frustration, regardless of your job, take a break in mid-morning and mid-afternoon.

With spring field work at hand, it's a good time for wives to bring refreshments to the working husband. It could save an accident.

* * *

Tractors and other slow moving vehicles will be on the highways in increasing numbers in the weeks ahead. Now is a good time to renew or replace faded SMV emblems. They may need only a good washing--just be sure that they are bright.

* * *

The Executive Committee of the Appomattox Cattlemen's Association met last Friday and planned their year's program. As soon as discussion leaders are tied down, you'll have the program.

Bill Williamson is accepting memberships. If you haven't joined, see that Bill gets your $5.00 check.

* * *

It's time to treat lawns to prevent crabgrass next summer. It should be done within the next two weeks.

* * *

Rocks

March 11 - Some change in the weather over the week end. May have some more winter weather yet.

Hubert Martin is back home after an operation.

Mrs. Paul Shelton returned home Tuesday from Southside Hospital of Farmville. ville.

Congratulations to Phillip Inge, who was among the 17 that graduated from the Nurses Residence at Lynchburg General Hospital on last Monday night.

A number here attended the exercise there on Monday night of last week.

A number here attended the exercise there on Monday night of last week.

Wednesday morning prayer meeting met with Mrs. Edward Ranson.

Spud Almond had a kidney stone operation Saturday at Virginia Baptist Hospital. A speedy recovery is wished him.

Mrs. Gladys Anderson arrived last Sunday from Kansas City, Mo. to visit her sister Mrs. W. B. Ranson of Richmond for a few days.

Everyone was glad to see B. B. Harris Sr. at church Sunday after being in the hospital.

Barry Elder will return to Radford College Tuesday after spending last week here with his parents, Rev. and Mrs. W. H. Elder.

The B.Y.W. had breakfast at the church Sunday morning.

The Youth will have charge of the service at church on the third Sunday morning, March 17. Come on out and support them.

Mrs. Gladys Anderson arrived Friday from Richmond to spend a few days with Mr. and Mrs. W. R. Moore.

Debbie Roach celebrated her 12th birthday Sunday.

A number attended the party at Mrs. Stanley Roach's on Saturday night.

Farmers were busy working on plant patches last week planting gardens and plowing. Also top dressing their wheat.

Mrs. W. R. Moore will accompany Mrs. Gladys Anderson back to Kansas City, Mo. Tuesday for a visit.

Mrs. Roy Gowin is in Virginia Baptist Hospital. A very speedy recovery is wished her.

Mrs. Kate Allen returned from the hospital. She is ill in the home of her daughter, Mrs. Curtis Paulette.

The Quartet went to Antioch Church in Buckingham to furnish special music Sunday night.

The men will meet at the church Saturday to work on the yard and cemetery.

PRECIPITATION:	
Last Week	.53
This Month	.53
This Year	6.85

Beckham

Mrs. Gibbs Martin is home from Lynchburg General Hospital. Mrs. Larry Yeatts and Gary spent the week end with her. Crystal Carter spent Saturday night. Those visiting in this home on Sunday were Mr. and Mrs. Alvin Reynolds, Mr. and Mrs. L. E. Martin, Mr. and Mrs. Winston Martin, Mr. and Mrs. Herbert Moore, Jr. Kim Maxwell, Mr. and Mrs. Sonny Carter, Karen Carter, Mr. and Mrs. Alfred Martin, A. C. Michael and Edward, Mrs. Geraldine Moore, Debbie and Gwen, Mrs. Robert Morris, Melanie Morris and Mrs. S. G. Martin. Visiting Mrs. Martin Sunday night were Mr. and Mrs. David Martin, Mr. and Mrs. Howlett Drinkard and Miss Eunice Martin.

Some of the men were helping Rev. W. H. Elder on his house last Saturday.

Crystal Carter visited Michelle Tweedy Sunday.

Pam Mack of Appomattox spent the week end with Ida Moore.

Timmy Moore spent Sunday night with Randy and Roger Moore.

Mr. and Mrs. Marvin Moore Jr. and family visited Mr. and Mrs. Watts Moore, Mr. and Mrs. Mundy Moore and Mrs. Claude Jennings Saturday evening.

Mr. and Mrs. Paul Burge accompanied by Mrs C. E. Jennings and Mrs. Cassie Brown visited Mrs. Mary Burge and Mrs. Sadie Marino of Madison Heights Sunday

Mr. and Mrs. Warren Crews visited their new grand-daughter in Virginia Baptist Hospital born to Mr. and Mrs. Paul Crews.

Mr. and Mrs. Kenneth Henderson and Michael visited Mr. and Mrs. John Moore Sunday afternoon.

Mrs. H. C. Moore and Mrs. Tom Schmutz, Traci and Jennifer visited Mr. and Mrs. Cornelius Moore and new baby girl Saturday afternoon.

Mr. and Mrs. Tom Moore of Oakville visited Mr. and Mrs. Alfred Moore Sunday evening.

WANT ADS
GET RESULTS

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Lawson F...
Inc.
Va. Dealer License...
Appomattox, V...

OUR ANNUAL SPRING
Carpet Sale!
ONE WEEK ONLY - MARCH 11TH THRU 16TH

THIS IS OUR BIG ONE..... An annual event at the Floor Shop to bring you the season's best carpet buys! We're offering four of our best sellers from regular stock superb qualities by LEE's and others.

OPEN AT NIGHT BY APPOINTMENT CALL 392-3108

ROYAL BANQUET . . . . .BY LEES REG. $9.95 SQ. YD.
100% acrylic plush made of new high bulk acrylic fiber, for exceptional clarity and depth of color. A carpet we are proud to present and sell will confidence. Available from regular stock in 6 colors: Grecian Olive, Tokay, Cloudy Jade, Tuscan Gold, Nuggett Beige and Fresco Blue. $7.75 SQ. YD.

SUN KING . . . . BY LEES REG. $11.50 SQ. YD.
The new body shag made of two different thicknesses of yarn used to achieve a fresh look that will last. A must for those who want top of the line quality and beauty. Available in 8 colors: Silver Springs, Galleon Gold, Sunglow, Olive Branch, Silver Leaf, Fireball Red, Green Finch and Copper Glow. $8.95 SQ. YD.

"MIDWAY" . . . . BY DAN RIVER
An outstanding short shag, in a beautiful harmony of color and texture noted by its wearability and cleanability. 8 colors in stock: English Green, Autumn Rust, Avocado, Palm Gold, Dawn Blue, July Red, Old Gold and Daffodil. $5.95 SQ. YD.

HIGH VALLEY . . . . .BY DAN RIVER
A sculptured 100% filament nylon. Meets or exceeds FHA specifications. Ideal for new construction or remodeling. 7 colors for your selection: Sunset Red, Holland Blue, Royal Blue, Bright Olive, Crest Gold, Celadon Green and Taffy Tan. $4.50 SQ. YD.

Assorted Remnants at Low, Low prices.

Credit Available

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Phone 392-3108 122 Fourth St., Farmville, Va. The FLOOR SHOP

A PERSONAL MESSAGE TO

IMPERIAL CUSTOMERS
GASOLINE IS SHORT!

OUR COST ON GAS WENT UP 11¢ PER GALLON ON MARCH 1st
WE NEED YOUR HELP NOW IF YOU ARE AN IMPERIAL CUSTOMER

For the past many years Imperial has saved you 4 to 7 cents per gallon on your gasoline. At the present time we are sorry we can not save you more than what we are but we are trying to keep sending as much gasoline as possible to your town at the best possible price. You can help us do this by filling out the attached form completely and having it notarized if possible, if not then have it witnessed by two people and mail it to Imperial at the address below, immediately. We would appreciate a letter from you letting us know what your Imperial Station means to you and your town and how much you might depend on it.

THANK YOU. Mike Hughey
MIKE HUGHEY

PLEASE MAIL THE COMPLETED FORM TO:
MIKE HUGHEY, 3737 NEPTUNE ST., TAMPA, FL 33609

Cut out and mail to: MIKE HUGHEY, 3737 NEPTUNE ST., TAMPA, FLORIDA 33609

Mr. Kenneth L. Dupuy
Regional Administrator
Federal Energy Office
1720 Peachtree St., N.W. Room 922
Atlanta, Georgia 30309

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Imperial Oil Co.

I request sufficient gasoline for working purposes only. No pleasure driving.
My name is ______
I live in the town of ______ State ______ Approx. Population ______
Our basic industry is ______ ☐ Mining ☐ Industry ☐ Farm (check one)
I work as a ______ (position) at ______ (name of Company)
This job is considered by the state as essential ☐ (or) non essential ☐ (check one) I am depend...
on the Imperial Service Station in (Town) ______
(State) ______ to supply me with ______ gallons of gasoline per mo...
to be used by me to go to and from work.
I pledge that **NONE** of the gasoline requested would be used for pleasure driving and that ... will be used for working purposes only.
Witnessed by
______ Signed this ______ day of ______
______ by ______
(Signature)
______ Address ______
Town ______ State ______
Zip Code ______ Phone ______

GOOD NEWS FOR HOMEMAKERS

by Shirley W. Walton
Extension Agent

SAVE ON DAIRY FOODS

Use canned evaporated milk ...ted with water (following ...bel directions) instead of ...gular milk for cooking. Or use ...constituted nonfat dry milk.

Give your family reconstituted nonfat dry milk for drinking. ...r richer milk flavor, mix it ...th an equal amount of regular ... thereby reducing both ... calories of regular milk ... changing taste, consis-...

...ute "imitation" sour ... any recipe calling for ...m. It has the same ... texture but is lower ...

... cheese in bulk; slice, ... and grate it yourself. ... usual.

... cottage cheese, creamed ... creamed, instead or ... Pasteurized process ... cheese spread and ...od can be used in place ... cheese in recipes or ... as is.

...ber a rule of thumb in ... cheese - the sharper the ... the more expensive it's ... be.

Choose margarine that comes ... solid sticks - it generally ...sts less than soft forms of the ...me brands in tubs.

Check eggs in cartons to ...ke sure none are cracked ... that you're getting the full ...mplement.

Make whipped topping from ...nfat dry milk (following ...rections on label) and use it ...stead of whipped cream for ...ssert topping.

Whip the sour-cream topping ... baked potatoes before you ...rve it. It will thin out at the ...ginning of the whipping ...ocess, and will never be quite ...thick as whipped cream, but ...will increase in volume.

Make your own flavored ...ogurt by adding crushed, ...rained fruit (not juice) to plain ...ogurt.

Note: Next week - more ...formation on how to save ...hen you shop for food.

RECIPE OF THE WEEK
Confetti Corn Cake

...pkg. frozen mixed vegetables ... cans of mixed vegetables ...ay be used)
... Tbsp. butter or margarine
... Pkg. Corn Muffin mix
...reamy cheese sauce

...ook vegetables as directed: ...rain, season with butter and ...ace in a 2 qt. baking dish. ...ake corn bread as directed on ...ackage; spoon over vegeta-...es. Bake in a hot oven (425°) ...r 25 min. or until top is golden ...rown. Remove corn bread from oven; let stand 3 minutes; invert on serving platter. Serve with Creamy Cheese Sauce.

Creamy Cheese Sauce

Melt 2 Tbsp. butter in top of double boiler; remove from heat. Blend in 2 Tbsp. flour
1/2 tsp. salt
1/2 dry mustard
Dash of pepper

Slowly stir in 1 1/2 cup milk. Cook over low heat stirring contantly, until sauce thickens and boils 1 minute. Stiar in 1 1/2 cup grated cheddar cheese and 1/2 tsp. Worchestershire Sauce. Cook over hot (not boiling) water 10 minutes or until cheese melts. Yields 2 cupts.

Red House Bull Sale

RED HOUSE--A top performing Angus bred by R. T. Cannon of Castleton brought $1,875 at a recent bull sale at the Red House Bull Evaluation Center.

The bull was among 44 sold for a total of $50,775, with each bull averaging $1,223, reported A. L. Eller Jr., assistant professor of animal science and Extension specialist at Virginia Tech.

Eller said that the 25 Angus bulls averaged $1,125, the 17 Polled Herefords $1,223 and the two Charolais $925.

The Red House Bull Evaluation Center is an official central bull testing station of the Virginia Beef Cattle Improvement Association. The center is located four miles west of Red House on Virginia 615.

Buyer for the top bull was Kyanite Mining Corp., of Dillwyn. The next highest selling bull, a Polled Hereford consigned by James Bennet of Red House, also was bought by Kyanite for $1,700, Eller said.

The top Charolais sold for $1,050 to M. D. Ritchie of Blackstone. The Charolais was consigned by G-5 Charolais Ranch of Abingdon. Only 17 bulls brought under $1,000, the Tech specialist noted.

Each bull sold had complete performance records indicating genetic history and offspring potential. The bulls had been at the Red House Center approximately six months, Eller said, and had undergone 140-day feedlot gain testing. The average daily gain for the group was 2.8 lbs. while the average 365-day weight was 952 pounds, Eller said.

8 & 9 4-Her's

The 8 & 9 4-Her's had their 5th meeting of the school year. The president, Pam Turner, called the meeting to order, and pledged the flags. The secretary, Brigit Wath read the minutes of the last meeting. Then the president called for any old business. Mr. Sweet talk about the pine seedling orders, then the president called any new business and Mr. Sweet talked about giving demonstrations and Share the Fun. He give us sheets on the demonstration and Share The Fun. He gave us a demonstration to get the idea then the president adjourned the meeting.

Take it from me,

PAUL HARVEY

it's time to cool off!

Americans, you can live in cool comfort all summer long with Heil Central Air Conditioning. It's the best you can buy. If it wasn't, I wouldn't tell you so!

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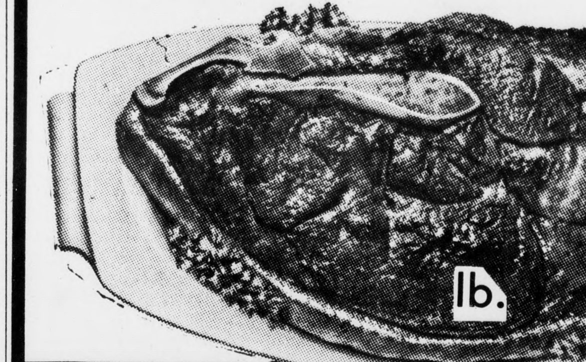
We're high on quality... high on value... LOW on price...

Sirloin Steaks $1.49 lb.



T-Bone Steaks $1.55 lb.
Store Hours; Monday - Saturday 8 A. M. to 9 P. M.

Franks Valleydale - 12 Oz. Pkg. 79¢

Porterhouse Steak lb. $1.59
Cube Steaks lb. $1.99
Round Steak BONE-IN lb. $1.59

Combo Fryer Parts Lb. 65¢
2 Breast Portions 2 Thigh Portions 2 Drumsticks
Sirloin Tip or Rump Roast lb. $1.69
Fresh Picnics lb. 79¢

Eating Potatoes U. S. No. 1 - 10 Lb. - $1.49

Fresh Produce:
Green Bell Peppers
Carrots 1 Lb. Bag
Radishes Red
2 for
Green Cabbage lb. 29¢

Tomatoes lb. 39¢

Frozen Foods and Dairy Dept.
Fish Sticks Gordon's lb. pkg. 89¢
Fried Chicken Banquet 2 lb. Bag $1.89
Jeno's Pizza Pepperoni Cheese Sausage Hamburger each 79¢

Sour Cream Richfood - 8 Oz. Cup 29¢
Ivory Soap 1 Bar FREE with 5 79¢

Autocrate Ice Cream all flavors ½ Gal. 79¢
Mayonnaise Mrs. Filbert's Qt. Jar. 89¢

Favorite Bread Thin Slice & Old Fashion
20 Oz. Loaves 3 for $1

Macaroni & Cheese Dinners Richfood 4 7¼ Oz. $1.00

New Item A & W Root Beer 6 12 Oz. Zip Top Cans 79¢

Biscuit Mix 2 Redimix - 6½ Oz.
Cornbread Mix 2 Redimix - 6½ Oz. 29¢
Saltine Crackers Fireside - 1 Lb. Box 37¢
Pampers Daytime- 15 Count 99¢

First of the week Specials
Valleydale Bacon - 12 Oz. Pkg. 89¢
Smoked Picnics Luter's lb. 69¢

RT. 460 - WEST CONFEDERATE BLVD.
WILBUN'S SUPER MARKET
APPOMATTOX, VIRGINIA